



COACHING STUDENTS IN HIGHER EDUCATION

**A SOLUTION-FOCUSED APPROACH TO
RETENTION, PERFORMANCE AND WELLBEING**

Edited by
**MAY SOK MUI LIM,
NADYA SHAZNAY PATEL
AND RAMESH SHAHDADPURI**

ROUTLEDGE



Contents

<i>Foreword by Assoc. Prof. Nigel C. K. Tan</i>	<i>ix</i>
<i>Foreword by Dr Carol Kauffman</i>	<i>xi</i>
<i>List of Contributors</i>	<i>xiv</i>
<i>Preface</i>	<i>xvi</i>

PART I

The What, Why and How of Coaching in Higher Education	1
1 Coaching in Higher Education: Creating Impact MAY SOK MUI LIM AND NADYA SHAZNAY PATEL	3
2 Coaching for a Preferred Future: The Solution-Focused Approach MAY SOK MUI LIM, JOE CHAN AND RAMESH SHAHDADPURI	18
3 Identifying Coachable Moments MAY SOK MUI LIM AND RAMESH SHAHDADPURI	36
4 Empathetic Coaching Conversations: Being Emotionally Present and Connected with Students KYRIN LIONG AND NADYA SHAZNAY PATEL	53

PART II

Coaching for Academic Performance	71
5 Coaching Dialogue as Feedback to Improve Performance MARA MCADAMS, MAY SOK MUI LIM AND NADYA SHAZNAY PATEL	73

6	Coaching to Promote Retention: Supporting Academically At-Risk Students	89
	KARINA DANCZA, MAY SOK MUI LIM AND KYRIN LIONG	
7	Using a Coaching Approach for Group Work	104
	HOLLY ANDREWS	
8	Adopting a Coaching Approach to Doctorate Supervision	117
	REBECCA J. JONES	
PART III		
	Coaching To Prepare the Future Workforce	131
9	Coaching for Workplace Internships: Is My Coachee a Student or an Employee?	133
	PENG CHENG WANG, RENDELL KHENG WAH TAN, MAY SOK MUI LIM AND CHEE MING ONG	
10	Coaching in Clinical Supervision	150
	KARINA DANCZA AND VALERIE P. C. LIM	
11	Career Coaching and the Application of Career Theories in Higher Education	166
	BOON YONG KWOK, JEFFREY GUAN CHING THNG, GIN YONG ONG AND WEILI ZHANG	
PART IV		
	Leveraging the Potential of Coaching for Educators and Students	179
12	Coaching in a Student Support Programme	181
	BAVANI DIVO, FUN MAN FUNG, RAMESH SHAHDADPURI, PENG CHENG WANG AND ERIC CHERN-PIN CHUA	
13	The Coaching Journey: Pathways for Institutions and Educators to Build Coaching Competencies and Culture	198
	RAMESH SHAHDADPURI, CHERYL PEI LING LIAN AND MAY SOK MUI LIM	
	<i>Index</i>	216